

Friends of Flora Health & Safety Plan COVID-19 Addendum - 14th May 2020

Hazard: Exposure to COVID-19

Risk: Spreading and contracting COVID-19 resulting in illness, hospitalisation or fatality.

Exposure to COVID-19. COVID-19 infection causes a cough, high temperature and respiratory problems that can result in hospitalisation and fatality. At particular risk of dying from this disease are those who have underlying respiratory and other health conditions or are over seventy years old. It is highly contagious and spreads easily. It can be spread in the workplace and the community through airborne droplets. This can occur through direct contact with or proximity to someone with the infection (although they could be asymptomatic or pre-symptomatic) or through contact with contaminated surfaces or objects.

Actions we will take to reduce or eliminate the hazard.

- *Play it safe.* Do FOF work only if you are comfortable that you can do it safely. Raise any concerns with any member of the FOF committee.
- *Demonstrate your plan.* Before re-starting any FOF activity, event leaders MUST discuss with any member of the Committee their plan for working safely. We all need to be flexible, be prepared to change trap lines etc. The needs of people defined by DOC as 'vulnerable' (underlying health conditions or aged 70+) must be considered.
- *Briefing* – event leaders must cover COVID-19 measures in pre-event briefings.
- *Contact tracing* – All people involved in a FOF event MUST be recorded on VMS, with the washup completed immediately after the event. All participants must be registered as a volunteer on VMS and their contact details must be listed. VMS enables FOF to meet our contact tracing obligations.
- *Cough and sneeze into your elbow or use tissue* and safely dispose of tissue.
- *Physical distancing* – work 2 m apart if possible. Wear a face mask if in contact closer than 1 m (e.g. travelling in a vehicle).
- *Physical distancing* – huts are likely to be busy. Take a tent for overnight work or stay in DOC Salisbury staff hut or Deep Ck bivy (book and obtain keys from Ivan Rogers 027 405 4219).
- *Hygiene*- Sanitiser, disinfectant, face masks and gloves are available in the FOF shed
 - Clean hands regularly, prior to and after work, prior to and after using gloves/ facemasks, after using a public toilet and prior to eating.
 - Shared equipment. Designate one team member to handle the radio/ GPS/ PLB/ 1st aid kit etc.
 - Sign all equipment in and out using your own pen. Clean all equipment including egg containers on return with disinfectant provided and dispose of wipe in designated container.
 - Use gloves or clean touch points on shared vehicles and any shared surfaces (e.g. door handles, key pads, Flora gate padlock) as above.
- *Plan & work within your limits*- be aware of day length and fitness levels. You may have lost fitness during lockdown- build in extra time for all work.
- *If you're sick stay at home.*
- *Adhere to Government requirements for COVID-19 alert levels.*

DOC have advised that the office is currently closed, but Mot base and Nelson VC from the weekend of 23.24 May can be contacted via the radio if required.

DOC have requested that access to the FOF shed is minimised. If you need access, use the King Edward Street gate, sign in and follow hygiene measures as above.

If in the DOC yard, dispose of used PPE into the large black "biohazard" drum outside the DOC Bio store.

For now, do not sign in at the kiosk.

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